

MOUNTAIN BOUNTY FARM NEWS

Summer 2019, Week 20 of 25

Dear Farm Members,

Fall swiftly approaches and there's been a chill in the air these past few days. This is when the farm begins to turn a bit more inward, as we start a long goodbye to summer crops, and greet the dark, leafy, cruciferous vegetables of fall and winter. On Monday, the fall equinox (when the sun shines directly on the equator and our hours of day and night are nearly equal) heralded a return to shorter days and restful times for fields and bodies alike. We've been cleaning up the chaos of summer, turning over beds, and seeding cover crop just in time for rain (free irrigation!). In short, things are going well and the crew is in high spirits as we ride out the change in seasons.

Along with the big shift that autumn brings, another huge transition has been in effect at the farm recently. Our CSA manager of many years, Mielle Rose, will be leaving her position at Mountain Bounty Farm. For over five years, Mielle has gracefully navigated the complicated task of seamless CSA membership - advertising, sign-ups, vacation holds, technological puzzles, drop site management, and so much more. She's been our most direct connection to all of you - the voice you hear on the phone when you need guidance, and the person who, with practiced hands, has gathered all the strands of this operation together and woven them into something comprehensible. It's a massive task that receives little recognition, and she has worn it well through all of its ups and downs.

Mielle, thank you so much for all you've done, and all you've accomplished during your time with us. We are so grateful for the way your work has shaped the farm and our community, and wouldn't be where we are without you. We'll miss you, and wish you luck and happiness in your future endeavors, with much love and appreciation from all of us here on the crew.

For anyone seeking to contact Mielle, she is still an active and involved part of the Nevada City community. If you'd like to connect with her in the future, you can find her at pieceofmyheartkitchen.com.

-Farmer Kale

Please join us on **Saturday, October 12th** for our 2019 Fall Harvest Picnic!
Free Admission, \$20 for pig roast buffet, from 2:30 pm until dark.

THIS WEEK'S CSA CONTENTS

Disclaimer: Box contents are dependent on actual harvest, but this is what you'll likely receive in your boxes.

REGULAR BOX (Runs through November 7th)

- Potatoes
- Yellow Onion
- Dino Kale
- Napa Cabbage
- Sweet Red Peppers
- Arugula
- Basil
- Dill

- Tomatoes
- Lettuce

SMALL BOX

- Potatoes
- Dino Kale
- Napa Cabbage
- Sweet Red Peppers
- Arugula
- Basil
- Carrots

FRUIT SHARE (Runs through October 10th)

Provided by [Sunset Ridge Fine Fruits](#).

- SommerFeld apples from Schmidt farms
- Bartlett pears (David Elliot and sons Stillwater orchards)
- Chrissy Red Grapes (Ken's Top Notch Produce)
- Autumn Flame Peaches (Ken's Top Notch Produce)

RECIPES

Recipes may sometimes call for more or less of a certain item in your boxes, or an ingredient you might not have on hand. We encourage you enjoy the creativity associated with eating locally and seasonally.

It's the end of summer and we are in the mood for a picnic. Try adding dill to this very [delicious potato salad](#). And enjoying your [Napa cabbage in this slaw](#). Or you could try this [Napa Cabbage Stir Fry](#).

HOW TO PICKUP:

1. Check the delivery list for what is listed next to your name.
2. Take only what is listed there.
3. Initial next to the account's order.
4. Return empty boxes every week in a neat, unfolded stack.

If there's a problem, please take what we've delivered for you and contact us ASAP by email or phone.

If you share your subscription, please use [this handy partner calendar](#) to organize pickups. Make sure you check in every week about who will pick up so one of you does not accidentally take someone else's order.

If you send someone else to pickup for you, please make sure they know the pickup procedure.

HELPFUL MEMBER LINKS

- [**Summer Welcome Letter**](#)
(policies & instructions)

- **Pickup Sites Information**

(please check your confirmation email to confirm which site you selected)

- **Current Members**

(link to our website page for all your membership needs)

- **Partner Calendar**

(for shared accounts to organize alternating pickups)

Mountain Bounty Farm

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www.mountainbountyfarm.com